

The Reality Next Door



A Practical Path For Fulfilling Your Dreams

“Reality you cannot face, you cannot encounter it. You are a hothouse plant – you live in your dreams.... They are not just dreams, **for you they are the reality.**”

– Osho, “The Book of Secrets”

“We doctors know a hopeless case if – listen, there's a hell of a good universe next door; **let's go**”

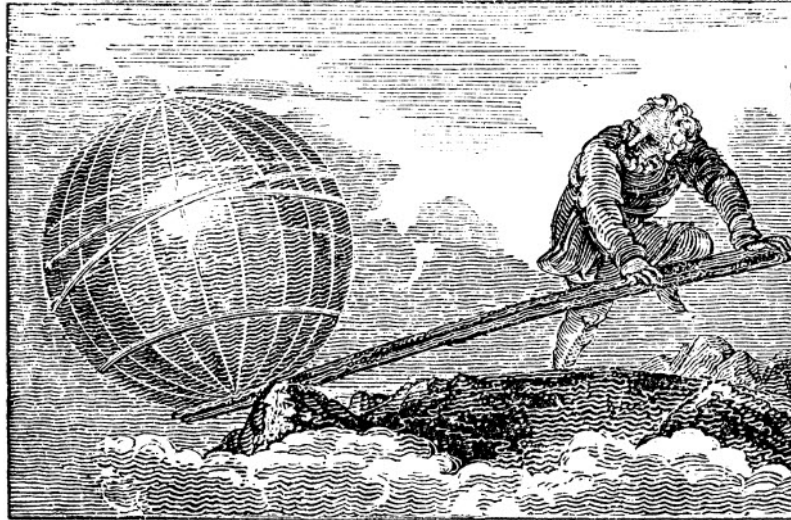
– e.e. cummings,
“pity this busy monster, manunkind”

What Have They G.O.T. That You Don't?



**“Anything can be achieved, _____ from the
_____. From the _____,
nothing works well or is achieved
without effort and suffering.”**

Where (and HOW!) Do You Stand?



“Give me a **lever long enough** and a **place to stand**,
and I will single-handed move the world”

Archimedes, 220 BC

The LEVER LONG ENOUGH is:

Being _____ and _____ to _____

The PLACE TO STAND is:

Being _____ of _____ or _____

How To Engage Your Leverage:

How To Make Your Stand:

I Have To:

I Can't:

I Want To:

The Difference That Makes A Difference



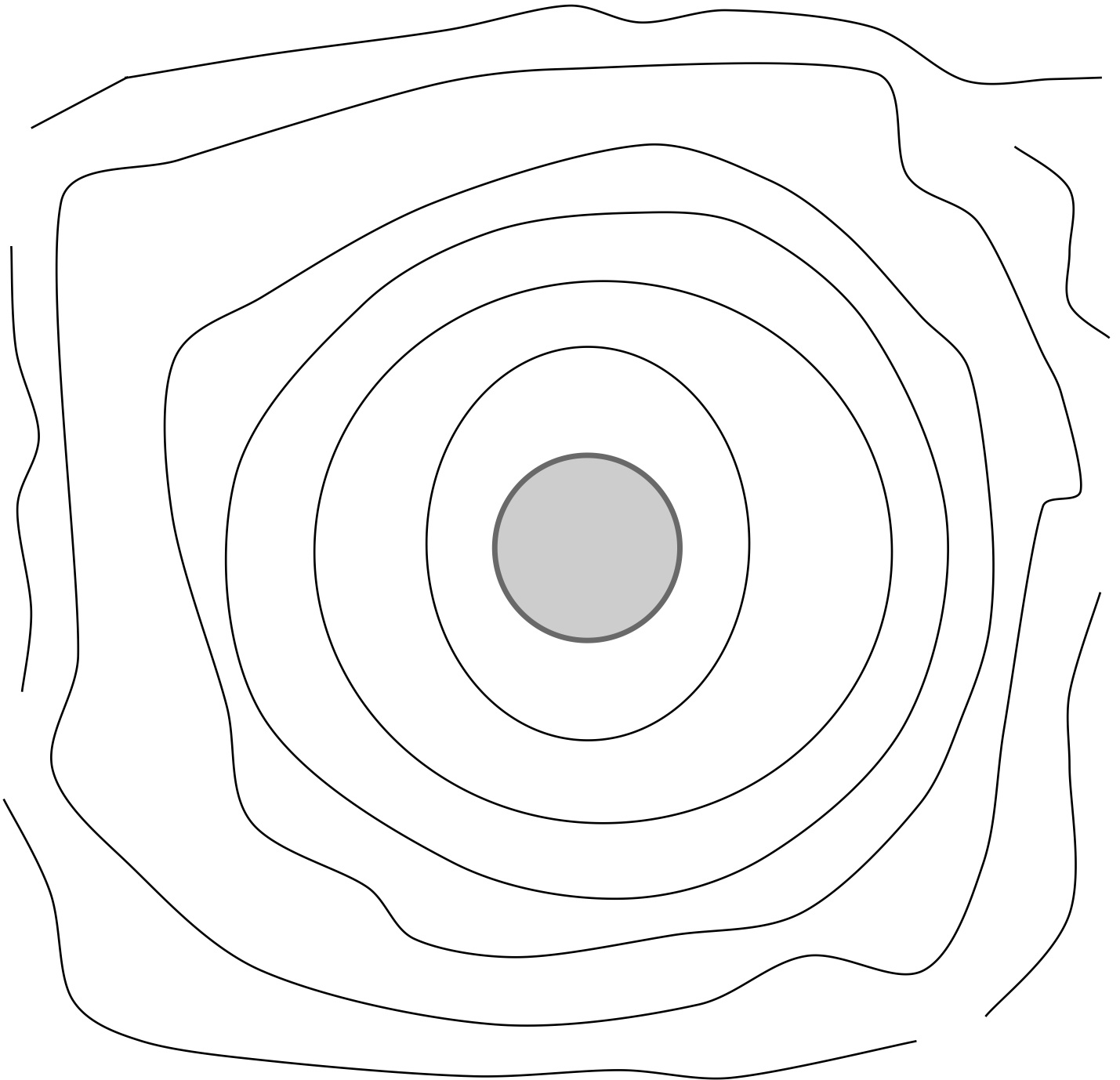
**Change is when you
make _____
into _____ ;**

**Creation is when you
make _____
out of _____ !**



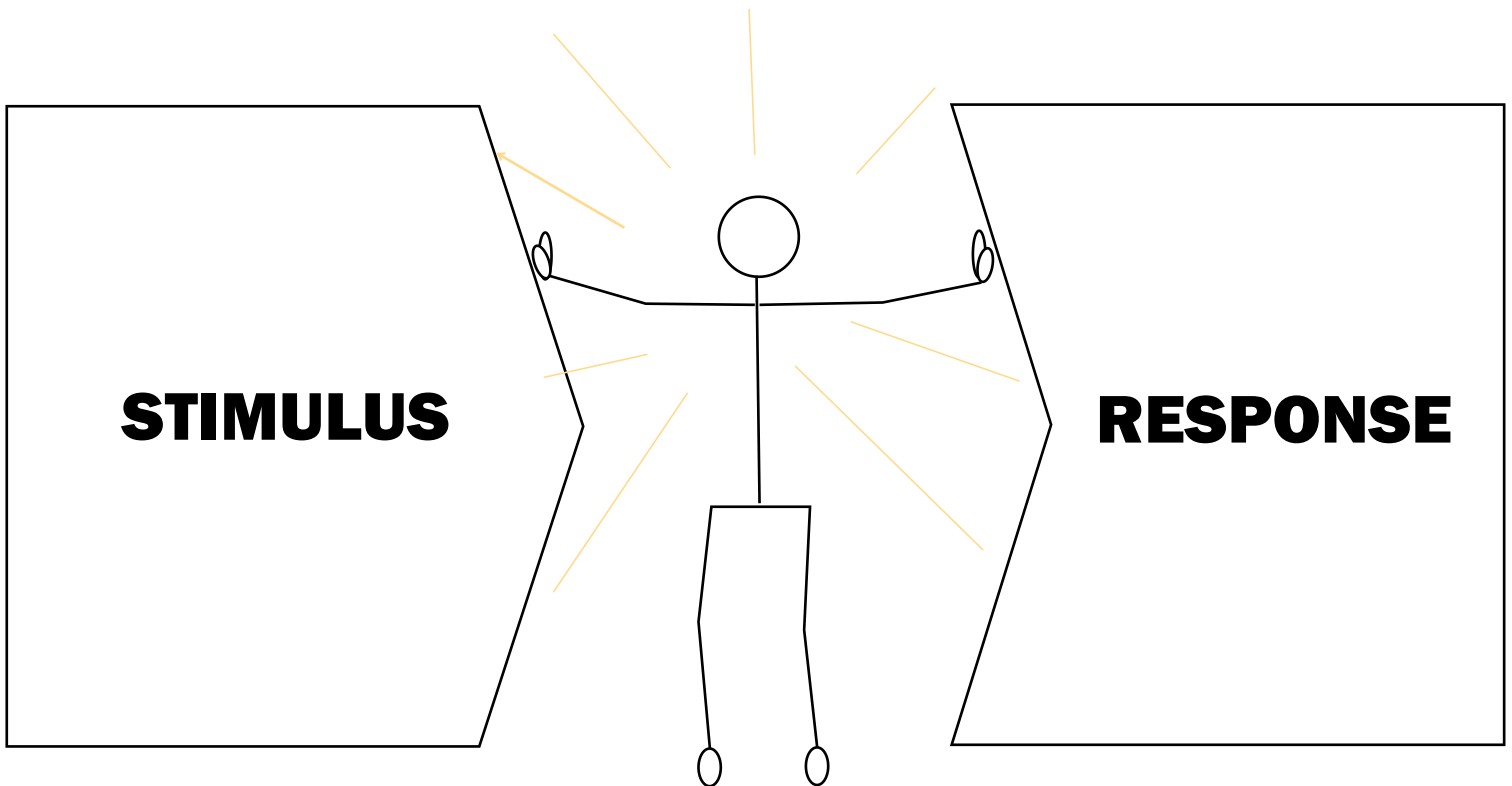
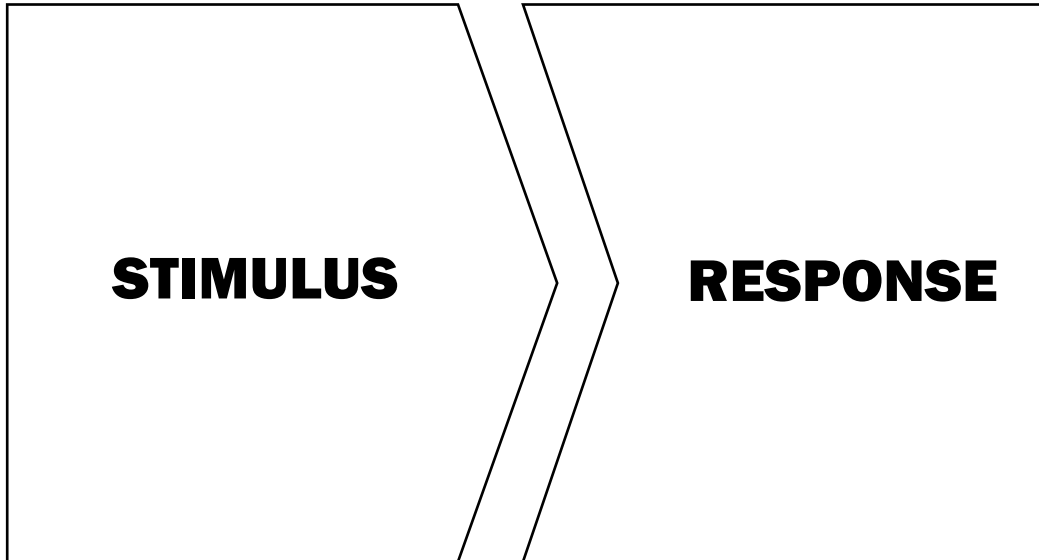
Therefore, always start with _____.

Every Thing



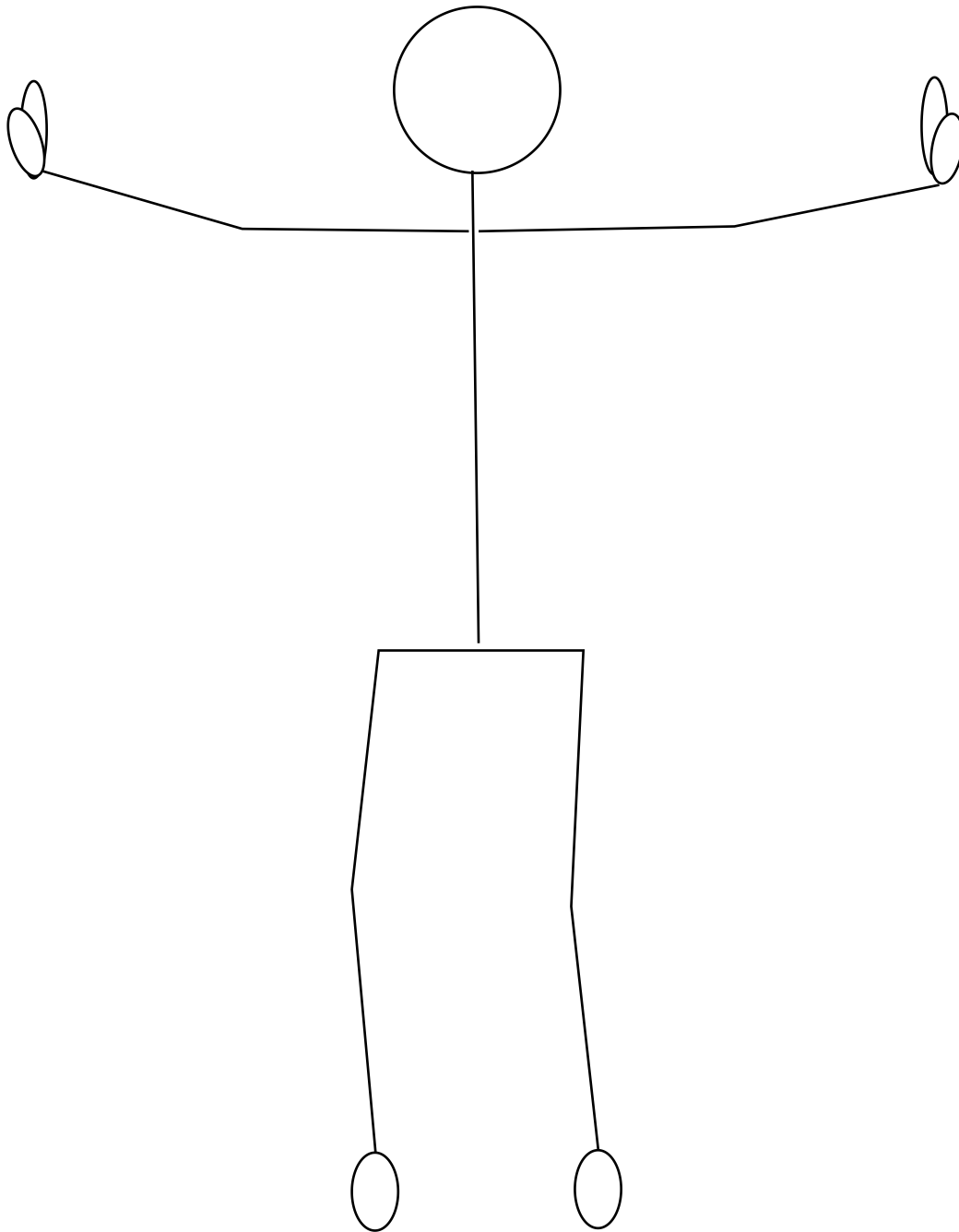
Begins With ____-_____!

“We doctors know a hopeless case if—”



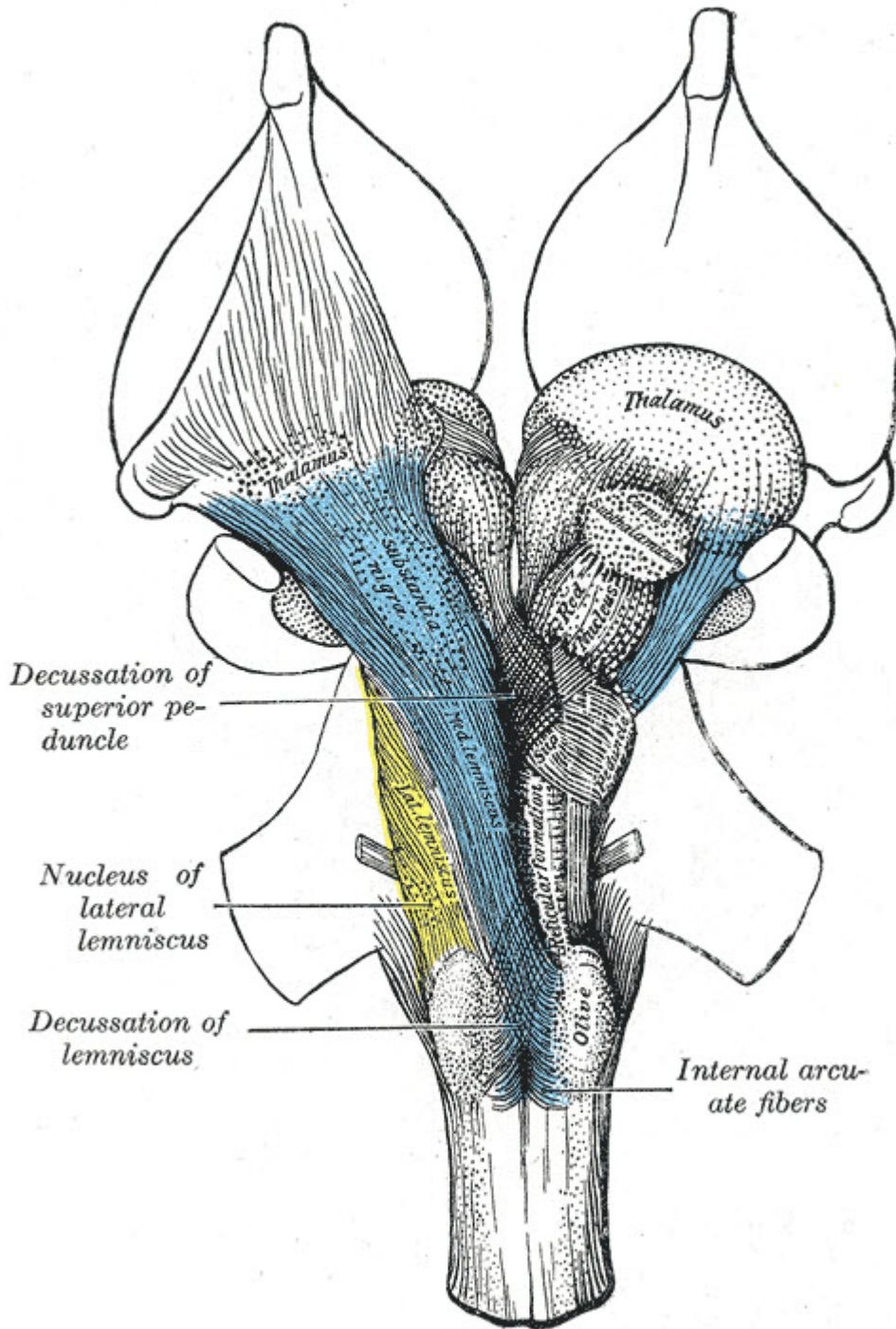
“Listen!”

Seeing The World Beneath



**Arms out to sides, palms facing out
Fingers up at eye level;
Look straight ahead!**

The Guardian Of Territories



The Four Realms Of The Guardian

1. That which you _____ as a
_____ of _____.
2. That which you believe you can
_____ (or _____) as _____.
3. That which causes you _____
or brings you _____.
4. That which causes _____ to be
_____.



MindShift Training™ **“The Reality Next Door”**

A Practical Guide To Making Your Dreams Real... Without Struggle!

Before the workshop...

- Print out these pages, and, if you're calling in by telephone, the phone number and PIN for the call.
- Be prepared to identify (and share) conflicts and issues you are having in reaching your goals; e.g. “Can'ts”, “don't know's”, and dilemmas. Remember, you're in coaching now; I may call on you by name and ask you questions!
- Leave everything blank until you hear on the call what to write in (i.e., don't fill anything in ahead of time.)
- Make sure you have a pen or pencil handy to take notes and to fill in the blanks on these pages.
- Call in to the conference line a few minutes before 6pm Eastern, to make sure that we can start on-time and you don't miss anything!
- Mute your phone when you are not speaking, using 0 on your touchtone keypad, or using the mute button on your computer software.